

## **Flying Geese / Squares On Point**

### Supplies and Homework

#### **What to Bring**

##### Basic Sewing Supplies

- Sewing machine that you are familiar with and that is in good working order
- 50 wt. 2-ply long staple cotton thread [Aurifil will be available for purchase in class]
- Scissors, Pins, Seam ripper
- .9MM ceramic lead mechanical pencil for quilting. [Available for purchase in class]
- 6" X 24" See through
- 4" x 14" or smaller See thru ruler with markings
- Rotary cutter with a sharp blade and a spare blade
- Cutting mat at least 24" on one side
- Pencil and paper for taking notes.
- Optional 1" x 6" ruler with ¼" markings. [Available for purchase in class]
- Optional Book and Patterns [Available for purchase in class]
- Optional small binder/folder to put hand-outs and notes in.

#### **Fabrics**

Refer to exercises below for fabric amounts. Please bring a little extra for mistakes etc.

- Use quality fabrics that are pre-washed and dried.
- Batiks are highly recommended for learning this technique because of their stability.
- Pick some fun fabrics you really like.
- The print on these fabrics should be fairly small so the patterns you are making are more apparent.
- Solid fabrics or tone on tone prints are good to bring.
- Contrast is the biggest thing to consider, it will be easier for learning.
- Prewash and dry fabrics, Iron folded in half selvedge to selvedge. Do not use starch.
- To save precious class time, pre-cut and sew strips together.
- Most of all don't stress out about your fabric choices

**You can go to my YouTube channel for a preview of some of these techniques and quilts made with them. [www.youtube.com/user/RitaHutchens](http://www.youtube.com/user/RitaHutchens)**

#### **Homework** [please read carefully before you cut or sew]

You will get more out of the class if you do a little pre-class homework. You will be way ahead if you do these simple steps. Use the fabric above for the homework.

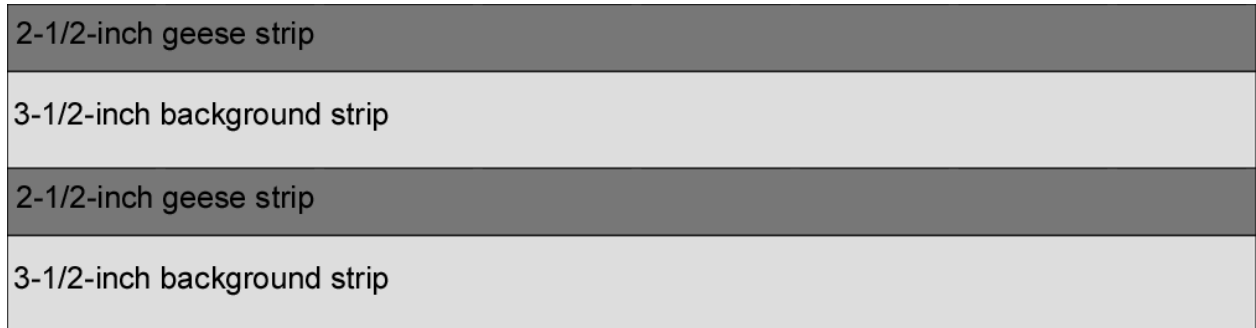
Use a rotary cutter and ruler to cut required strips for each exercise from the full width of the fabric [apx. 42"]. When ironing seams open a few stitches at the ends of the seams are likely to come out when you are working with them. Use a small stitch [18-22 per inch, and good tension when sewing the strips together and this will not be a problem. Strips cut from different fabrics will be slightly different in length. Do not worry about making the ends even at this point. Work from one end and make them generally even. I prefer not to use pins unless I have to match up seams or ends. Without stretching, pulling or distorting, gently feed the strips through the sewing machine matching the edges. Sew your strips together using an even and consistent one-quarter inch seam allowance. Use a hot steam iron and iron seams open. It takes a little extra time but the work will lie flatter. It will be easier to iron seams open if you "set" the seam first and then iron it open. Be careful not to stretch your strips while you are ironing or you will get a strip set with a big curve in it.

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#### **Exercise One:** [Flying Geese and Squares-On-Point]

1. Choose two contrasting fabrics. Follow the directions above for cutting and cut two strips for the geese 2-1/2 inches wide and two strips for the background 3-1/2 inches wide.
2. Follow the directions above for sewing and ironing and sew strips together as shown below.



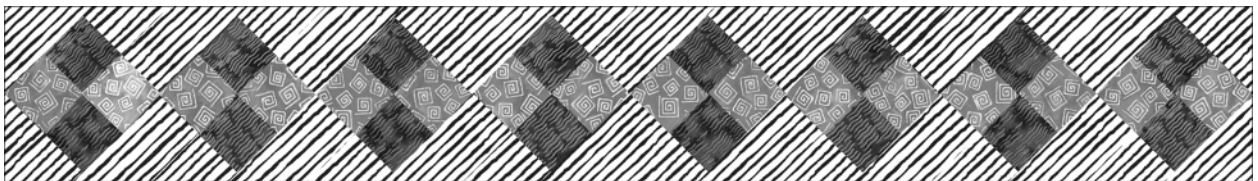
#### **Exercise Two:** [Your choice]

- Choice 1:** Bring eight or more square blocks of your choosing that you want to turn on-point. These could be blocks from a UFO you are not sure what to do with. Blocks should be 6-inches square or smaller and all the same size. They don't all have to be the same block, just the same size.

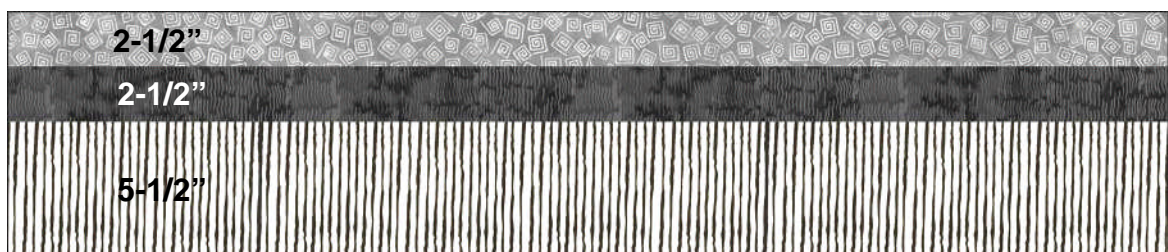
Bring: 1/2 yard of a coordinating fabric that you want to use for the 'background'.

Note: If you have more blocks you want to incorporate into a quilt and want to use the same background fabric you may want to have more of it. We will not have time in class to use this fabric but you may want it later to complete a quilt.

#### **Choice 2:** Strip Piece Four Patches-On-Point



1. Choose three contrasting fabrics. Follow the directions above for cutting.  
Cut one background strip 5-1/2 inches  
Cut one strip each of the other two fabrics 2-1/2-inches
2. Follow the directions above for sewing and ironing and sew strips together as shown below.



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